

Control Sites	15. Path junction
1. Path junction	16. South.West depression
2. Path junction	17. Mown track junction
3. Gate	18. Path bend
4. Mown track junction	19. Thicket, East side
5. Path junction	20. Path junction
6. Road / path junction	21. Group of trees
7. Fence Bend	22. Path / Ditch junction
8. Eastern path junction	23. East most path end
9. Bridge, W. end	24. Path junction
10. Path junction	25. Ditch crossing
11. Bridge, North side	26. Metal object
12. Middle path junction	27. Ditch junction
13. Path bend	28. Bend on Eastmost path
14. Tree, East side	29. Small lake, East side

Beginners - Dist: 1.3km. Time: 30mins

1	2	3	4
5	6	7	

A bit harder - Dist: 2.8km. Time: 1hour

3	5	14	15
16	17	19	12
13			

Challenge - Dist:4.3km. Time: 2hours

4	14	15	20
21	22	29	16
17	18	11	13

What to do:

You can either follow one of the suggested courses opposite or just wander around with the map and see what posts you find.

△ Firstly, you need

To locate the start which is on the path at the west end of the car park.



○ Then, by following paths and landscape features, navigate to each numbered control post on your course. Note down the code on the post in the appropriate box for your course.

● The finish is by the main entrance to the visitor centre.

Ready for more?

Redditch Borough Council have created many other outdoor sporting facilities in our parks:

- Family Art Trail, Disc/Frizby Golf, Table Tennis, Volleyball and Sport Grids all at Arrow Valley
- Table tennis, volleyball and sports grids at Morton Stanley Park and Giant Chess at Forge Mill Museum

For more information on the above visit our website: www.redditchbc.gov.uk

If you would like to learn more about orienteering then contact one the friendly team at www.harlequins.org.uk .



Orienteering at Arrow Valley Park Courses for all ages



For free-range kids (and grown-ups)!

Test yourself!

Can you find your way around the woods?

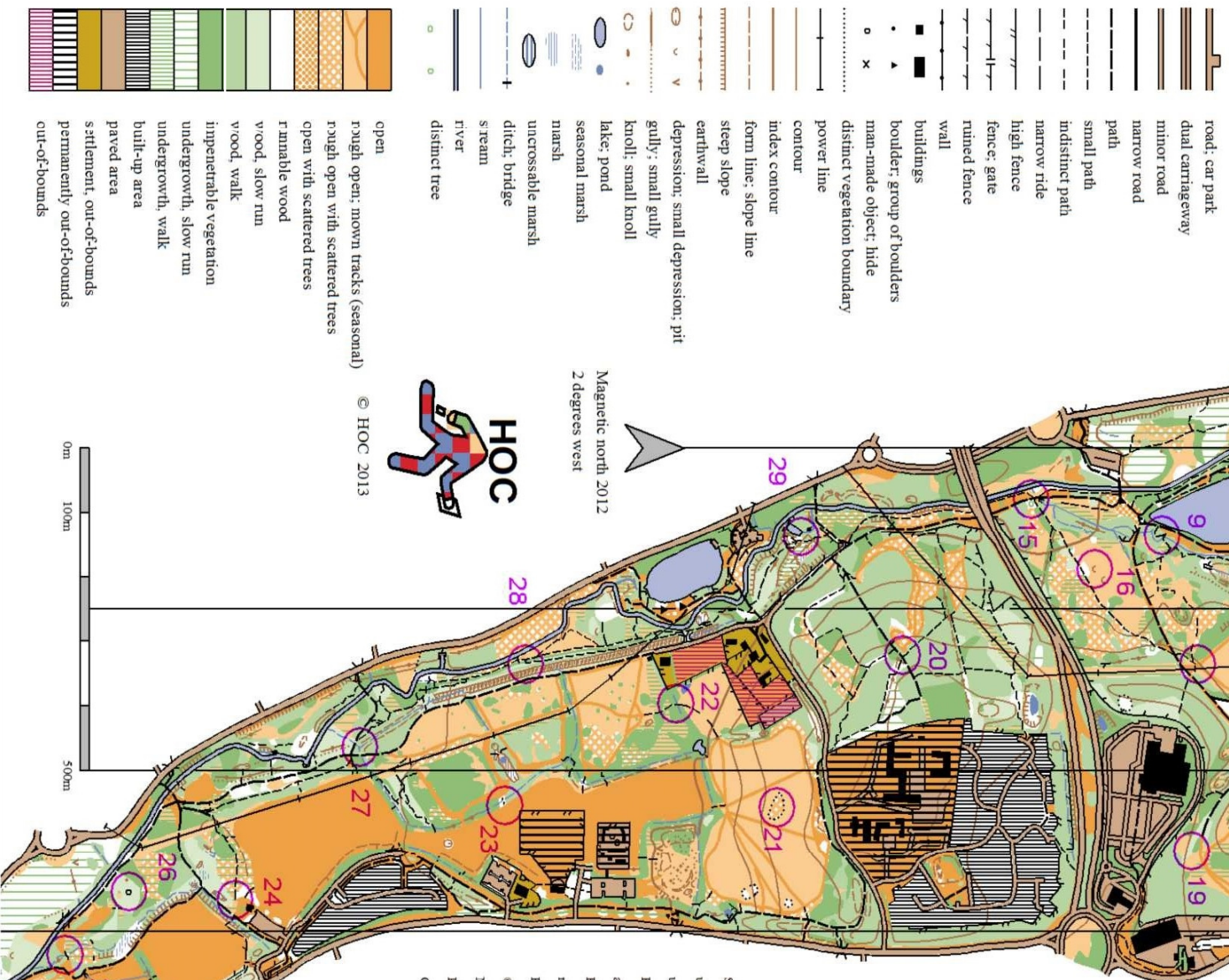
Orienteering is very family friendly and suitable for almost all ages. For children in particular it promotes self-reliance and independent decision-making, besides getting them out into the fresh air to burn off some energy.

Arrow Valley Park South

scale 1:10,000
contours 5m

Grid reference of
Country side Centre
SP 064 676

PERMANENT
ORIENTEERING
COURSE



- road: car park
- dual carriageway
- minor road
- narrow road
- path
- small path
- indistinct path
- narrow ride
- high fence
- fence: gate
- ruined fence
- wall
- buildings
- boulder; group of boulders
- man-made object; hide
- distinct vegetation boundary
- power line
- contour
- index contour
- form line; slope line
- steep slope
- earthwall
- depression; small depression; pit
- gully; small gully
- knoll; small knoll
- lake; pond
- seasonal marsh
- marsh
- uncrossable marsh
- ditch; bridge
- stream
- river
- distinct tree
- open
- rough open; mown tracks (seasonal)
- open with scattered trees
- runnable wood
- wood; slow run
- wood, walk
- impenetrable vegetation
- undergrowth; slow run
- undergrowth; walk
- built-up area
- paved area
- settlement; out-of-bounds
- permanently out-of-bounds
- out-of-bounds

Magnetic north 2012
2 degrees west



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